

## Directions: Local 195 IFPTE AFL-CIO CLC

186 North Main Street  
Milltown, NJ 08850  
732-247-0350 / 0331  
1-800-316-0351 toll free  
732-247-2474 (fax)  
Office hours 8:00 am to 5:00 pm  
[www.local195.org](http://www.local195.org) – email: [local195@local195.org](mailto:local195@local195.org)

**New Jersey Turnpike to Exit 9** After toll plaza follows signs for Route 18 North to Route 1 South. Take Route 1 South to Milltown Road South. Milltown Road turns into North Main Street. Once you pass the gas station, go through the traffic light and Local 195 will be the second building on your right hand side.

**Garden State Parkway** to New Jersey Turnpike. Take Exit 9 off the NJ Turnpike. After toll plaza follow signs for Route 18 North to Route 1 South. Take Route 1 South to Milltown Road South. Milltown Road turns into North Main Street. Once you pass the gas station, go through the traffic light and Local 195 will be the second building on your right hand side.

**Route 1 North** to Milltown Road/Carolier Lane Exit ramp. Stop at traffic light. Proceed straight ahead to Carolier Lane (follow around past the Carolier Lane Bowling Alley). At next traffic light turn right onto Milltown Road. Milltown Road turns into North Main Street. Once you pass the gas station, go through the traffic light and Local 195 will be the second building on your right hand side.

**Route 1 South** to Milltown Road South ramp. Cross over Route 1 and proceed on Milltown Road. Milltown Road turns into North Main Street. Once you pass the gas station, go through the traffic light and Local 195 will be the second building on your right hand side.

**Route 18** to Milltown Road. Milltown Road will turn into Main Street then North Main Street. Continue on Milltown Road (long winding road). There will be a Speedway gas station at the corner of Main Street and Washington Road. Continue in the right hand lane and proceed to 186 North Main Street. (You will pass a gas station on your right hand side, two funeral homes and dentist on your left hand side) Local 195 is next to the dental office.

